

To ensure everyone stays safe and well during activities sessions, we have implemented the following:

1. Visitors aged 12+ will be asked to **remain at least 1 metres** from others as much as possible whilst indoors.
2. Activity groups are limited to a **maximum of 12 participants**.
3. Where possible, participants will be talked through putting on **safety equipment**, if our instructors need to assist they will be fully equipped with the necessary personal protective equipment to do so.
4. Some activities may have new **age restrictions** to maintain safety in certain activities where the instructors cannot assist hands-on. The key activity this applies to is archery, where the age limit is now 8yrs+.
5. All of our activity safety equipment (helmets, buoyancy aids, harnesses) as well as any borrowed equipment (wellies, jackets etc.) go through a sanitising process between groups.
6. If there are multiple groups on site at the same time, they will be **kept separate throughout**, this includes not taking part in the same activities, not using the same equipment and where possible using different toilets.

Please also see the Day Visitor or Residential quick guides for more info about your visit.