

Duke of Edinburgh Gold Residential: Wiston Lodge Easter 2019

Dates: Monday 8th – Friday 12th April, 2019

Wiston Contacts: Wendy Johnstone, Guest Services Coordinator: info@wistonlodge.co.uk
Vicky Reed, Outdoor Development Coordinator: activities@wistonlodge.co.uk

Participants:

Dietary Requirements: TBC

Additional Support Needs: TBC

Aims: The aim of the Gold Award Residential section is to inspire participants through a concentrated involvement with people they do not know, who are often from different backgrounds, and bring alternative views to the challenges they will face. The Residential section broadens their experiences by empowering them to make a difference in a team-based residential setting.

Gold Award Participants spend five days and four nights taking part in shared, challenging & meaningful activities with people they have never met before. A DofE residential will boost their independence and confidence. The aim is that the residential will leave a positive footprint on their life and on the lives of other people ([see website](#)).

Outcomes:

- 5 days & 4 nights residential
- A specific, shared course or activity to broaden experiences and interests done with an organised group, registered charity or Approved Activity Provider.
- Before the residential, the participant should carry out appropriate training, briefing or research.
- The Licensed Organisation must have approved the planned residential.
- Raised confidence.
- Enhanced teamwork.
- Belief in new skills.
- Fun
- Completion of the e-portfolio and the Residential section of the Award

Context: Residential Categories can be:

- Activity Based
- Learning
- Service to Others
- Environmental and Conservation

N.B. the Guide Programme below is a *blend* of the above elements

Support:

- Accompanying Support Staff
- Ratios of 1 instructor: 12 participants for A.L.S. Activities

Instructors:

- Trained, Qualified, Safety Checked (PVG) instructors
- Course Coordinator overseeing the week
- Duty Manager on call at all times.

SAMPLE Programme Outline

Day & Date		Time	
Day 1 Mon 8/4/2018	AM	10:00	Arrival, Welcome, Room allocation / Cabins, Settle in
		11:00	Orientation & Show Round
	PM	13:00	Lunch: Catered in dining room
		14:00	<u>Induction & Training Afternoon (Learning)</u> Programme Outline & Agreement / Guidelines Getting to know the instructors, the rest of the group, the grounds. Preparation for the week. Team Building. Child Protection. Risk Assessment etc.
		17:00	Down Time (Sports / Games / Relaxation)
		18:00	2 course (main and dessert) Dinner @ Lodge
	Eve	EVE	<u>Orienteering Walk & Aims Session (Group Room)</u>
Day 2 Tuesday 9/4/2018	AM / PM	08:00	Breakfast: Catered in Dining Room
		08:30	<u>Group Briefing: allocation of day's tasks</u>
		09:00 – 17:00	<u>Holiday Programme Activity Support (Service to Others)</u> Packed Lunches from kitchens <u>Volunteering on children's activity Programme</u>
		17:00	Down Time (Sports / Games / Relaxation)
	EVE	18:00	2 course (main and dessert) Dinner @ Lodge
		19:00	<u>Team Building Activities & Preparing to Lead (Learning)</u>
Day 3 Wed 10/4/2018	AM/PM	08:00	Breakfast: Catered in Dining Room
		08:30	<u>Group Briefing: allocation of day's tasks</u>
		09:00 – 17:00	<u>Project Day (Estate) – environmental improvement</u> Packed Lunches (Catered) If full group, rotate on project / programme
		17:00	Down Time (Sports / Games / Relaxation)
	EVE	18:00	2 course (main and dessert) Dinner @ Lodge
		19:00	<u>Planning Session for DoE-Lead Day (Learning)</u>
Day 4 Thursday 11/4/2018	AM/PM	08:00	Breakfast: Catered in Dining Room
		08:30	<u>Group Briefing: allocation of day's tasks</u>
		09:00 – 17:00	<u>Holiday Programme Activity Support (Service to Others)</u> <u>DoE Team LEAD on activity day</u> Packed Lunches (Catered)
		17:00	Down Time (Sports / Games / Relaxation)
	EVE	18:00	2 course (main and dessert) Dinner @ Lodge
		19:00	<u>Outdoor Session for Team Work & Fun! (Activity)</u> E.g. High Ropes or Wet & Wild on the pond
Day 5 Friday 12/4/2018	AM	09:00	Breakfast: Catered in Dining Room
		By 10:00	Depart Bedrooms / Cabins. Bags to Spare Group Room
		10:00	<u>Presentation Preparation & E-Portfolio Work (Learning)</u> <u>Group Room</u> <u>Final Review of Week</u>
	PM	12:00	Presentations to Staff & Parents
		13:00	Lunch: Catered in Dining Room – Parents welcome to book
		14:00	Farewell & Depart